

How to Increase Resilience

using your CliftonStrengths



Increase your

Awareness

Understanding your situation through the lens of your strengths

Impact

How did your strengths interpret the situation, and what was the impact thereof?

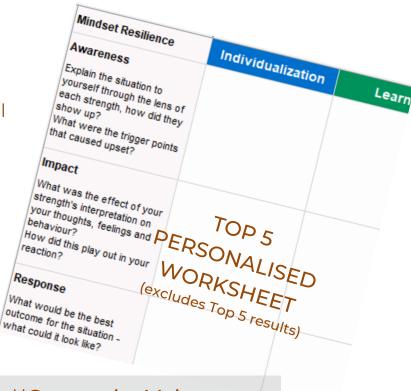
Response

How can your strengths contribute to a better outcome?

Impactful resources

Each member receives powerful resources that are linked to outcomes for your team, which includes:

- The Personal Insights individual worksheet
- Personalised Masterclass worksheet



Includes the **Strengths Value Multiplier** process

Virtual Format - 3 hours

- Breakout rooms enable powerful strengths-based conversations
- Recordings are available for review... for the next 365 days!
- Includes Masterclass Membership for each of your team members

By the end of this 3-hour strengths skills workshop, your team will be able to:

- Understand what resilience is
- Use their strengths to impact the outcome of difficult situations
- Understand how their strengths filter the way they experience difficult situations
- Develop an action plan to approach difficult situations and change the potential outcome

R6,000 excl. VAT (20 people max)